

MIDFACE LIFT SURGERY

A relatively new facelift procedure, Midface lift surgery is a good option for people who want to address specific areas of the face, but want to avoid the expense and recovery time of full facelift surgery. There are many kinds of Midface lift surgeries that are designed to specifically address sagging, lines, and wrinkles around the cheeks, eyes, and mouth. As patients age, the gravity pulls down the facial skin, hollowing out cheeks, creating frown lines, and causing a puffiness and heaviness in the eyelids that can make them look tired or sad – and older. Midface lift procedures can also address nose to mouth lines and drooping in the corners of the mouth.

WHAT IS MIDFACE LIFT SURGERY?

Midface lift procedures use small incisions inside the mouth and along the hairline – or sometimes in the eyelid. During the surgery, Dr. Oleh Slupchynskyj, a NY top facial plastic surgeon, lifts and pulls the natural fatty layer of the cheeks up and repositions it over the cheekbones. The facelift procedure is often performed by using an endoscope, a small camera that helps the doctor see the actual surgical site. Using an endoscope, Dr. Slupchynskyj can minimize the incisions and make more precise adjustments to the tissues and skin. The result is a smooth, natural look that can take 10 years off your appearance.

WHAT ARE THE BENEFITS OF MIDFACE LIFT SURGERY?

- Midface Lift Surgery is effective and safe.
- Midface Lift Surgery takes only 1-3 hours and offers a short recovery time.
- Midface Lift Surgery minimizes scarring and provides specifically targeted results.
- Midface Lift Surgery can be performed in conjunction with other cosmetic procedures such as a neck lift or Sluplift.

IS MIDFACE LIFT SURGERY RIGHT FOR ME?

The best candidates for midface lift surgery are people in the 40s and 50s who have concerns about specific parts of the midface area, but do not need a full facelift, which would include the neck and jawline. As with any facelift procedure, patients must be nonsmokers in good health and have realistic expectations of the surgery. During the initial consultation, Dr. Slupchynskyj, a board-certified facial plastic surgeon, will thoroughly examine your face and describe what you can expect from a midface lift procedure. He will discuss particular trouble areas and will review any factors that may affect surgical outcomes.

WHAT CAN I EXPECT DURING AND IMMEDIATELY FOLLOWING MY MIDFACE LIFT SURGERY?

As with Dr. Slupchynskyj's other facelift procedures, the midface lift is performed under local anesthesia and light sedation. It is done on an outpatient basis and takes approximately one to three hours depending on the extent of work to be performed. Patients usually experience some degree of bruising and swelling. These side effects will start to diminish within five to seven days and disappear completely within a few weeks. Sutures will be removed between 3 to 10 days after the surgery.

ARE THERE ANY RISKS TO MIDFACE LIFT SURGERY? WHAT IS MY RECOVERY TIME?

Dr. Slupchynskyj's patients have a thorough health evaluation prior to the procedure to ensure they are good candidates. He will advise you to avoid any strenuous activity until he is confident you are healed, which is usually within one to two weeks for most patients. Many patients return to work within five to seven days. If an incision was made in the mouth, you will need to eat soft or liquid foods and maintain good oral hygiene during the healing process; poor oral hygiene creates the risk of infection.

HOW LONG DO THE RESULTS OF MIDFACE LIFT SURGERY LAST?

The results of midface lift procedure last a similar amount of time to a traditional facelift, which can be up to 10 years.